

Bread

The Free Movement of People

BRING DOWN HATRED

FOR PEOPLE ON ALL SIDES OF THE BREXIT DEBATE



Our History

The free movement of people enabled sharing knowledge about tools and growing the crop, wheat, to develop the bread we have today over a 10,000 year period. Travelling, sharing and growing wheat through forest, windswept moors and harsh weather developed the first communities in our civilisation. Settling enabled the grinding of the first flour with stones in people's homes.

The origins of wheat began in Syria, Jordan, Turkey and Iraq.

Egypt invented the first risen loaves with yeast and spread this craft all over Europe. This was a gift to the world. They celebrated this with their Gods who were the protectors of grain and the givers of bread...and one of these was called Isis.

Some people may want to pay attention to the original Isis (Goddess of Land and fertility, compassion and nature), who represents all the things missing in the lives of the fascists and the radicalised.

People of Europe and Great Britain celebrated with circle dances, as bread had the most nutrients of most food at the time. The Romans began the first baking industry.

More people, more flour, more bread.

The first Windmills were introduced across Syria, France and Great Britain nearly 2,000 years ago.

Bread became a business when the population grew, and new technologies arrived during the industrial revolution to cope with the demand.

Depending in which period of history, or country, try to imagine in that time, the women grinding grains between large stones while getting back ache, men passing tool knowledge to each other, people bartering with bread for other things they need, walking across new lands to find suitable places to scatter seed. It took time to develop a wheat that could grow in humid and cold conditions. Only movement and sharing between people could enable this. Do your own research and see what ideas you have.

Farmers today must work out how to feed a few more billion people by 2030, from the same amount of land across Europe, while the climate is changing.

The Artist Challenge & Public Art

Artists of all disciplines are invited to respond to **Our History**. Whatever you create, find places in your daily lives where the public can see it. If you want to join in and you are not an artist please do.

Hatred will not grow if FEAR is removed from the street.

Small groups of people breaking bread in the streets and sharing **Our History** with the public alongside various art forms to encourage the people to stay together and overcome **FEAR**.

Bread breaking gatherings are advised to be spontaneous and fun as random acts of kindness. Welcome people with the smell of a delicious range of breads. What would the public want to

see in their lives over the next 10,000 years? May they ponder this while they eat the bread.

www.facebook.com/waterprophetarts to see my poetry painting about bread for you to respond to.

Contact Rachel Arnold if want to break bread on the streets with her;

01902 714 060 or 07939315102 waterprophetarts@gmail.com

Rachel Arnold of **WaterProphetArts** experimenting with the concept in an abstract way.

Locations of the art: libraries, shops, cafes, pubs, schools, clubs, town centres, community halls, the High Street and all the faith communities.